

STACK INSTRUCTIONS & INGREDIENTS



STACK, is the world's first ***Ultimate Body Tune-Up***, and a groundbreaking system for shedding body weight and inches fast! **STACK's** three components are your body's best solution for immediate weight loss results. **STACK** will naturally adjust to your current eating habits and instantly assist your body so you can safely lose weight in record time.

GET READY! Weigh yourself the day you start **STACK!**

STACK will let you experience **MAXIMUM** weight loss within days!

- **STACK** is safe and provides unmatched results comparable to any products ever sold.
- **STACK** is made of entirely all-natural ingredients!
- **STACK** will adjust your current food cravings to help you lose weight fast & at the same time, making you healthier!
- Add **STACK** to your daily meals and experience the world's first ***Ultimate Body Tune-Up!***

To start **STACK** , simply take the three **STACK** components to produce the end results.

- 1 **Ice Cream Drink** canister.
- 2 bottles of **Nitro Boost** liquid dietary concentrate.
- 1 bottle of **Tune-Up Capsules**.

DO NOT FORGET! Be sure to measure and weigh yourself before you start **STACK!** Drink at least 8 glasses of water daily for hydration and regularity.

- **Ice Cream Drink** - Replace your breakfast and dinner each day with the **Ice Cream Drink**. Contains 0 grams of sugar!
- **Nitro Boost** - Liquid dietary supplement, mix 2 teaspoons with 8 to 12 ounces of water 4 times a day.
- **Tune Up Capsules** - Take 3 in the morning with your first **Ice Cream Drink** and 3 in the evening with your second **Ice Cream Drink**.
- Eat a sensible lunchtime meal.
- Eat fresh fruit and vegetables throughout the day.

Your first day will be very exciting. During this time, **STACK** will instantly start to work on excessive cravings. Toxins will slowly begin to be cleared from your body and you naturally lose weight as soon as you start taking **STACK**. Your **STACK** body will be replenished with the easy to drink **Nitro Boost** nutrients. Enjoy the awesome taste of the **Ice Cream Drink** with 0 grams of sugar! And, the **Tune Up Capsules** assist your body with clearing out bad toxins in your system. All during this process, you can continue to eat what you wish.

Don't run out of **STACK!** To keep losing or maintain your target STACK body weight, set up your Scheduled Delivery now! **To stay consistent, you should pre-order your next package no later than 7 days prior to running out!**

STACK INGREDIENTS LIST

Tune-up Dietary Supplement

Serving size: 1 capsule

Servings per Container: 60

Proprietary Blend: 575 mg (daily values not established)

Ingredients: Casara Sagrada Bark, Psyllium Husk, Black Walnut Hull, Ginger Root, Apple Fiber, Gentain Root, Slippery Elm Bark, Licorice Root, Sage Leaf, Parsley Leaf, Enzyme Extract From Papain, Bromelain, Prune Fiber, Althea Root, Hops, Irish Moss, Bee Pollen, Chamomile, Flower, Cranberry, Pineapple, Papaya Leaf, Spirulina, Golden Seal.

Other Ingredients: Gelatin , Microcrystalline Cellulose, Magnesium Stearate (vegetable source), Silicon Dioxide.

Tune-up is a blend of natural fibers and herbs that provides a gentle, stimulating and cleansing effect formulated with STACK exclusive dietary system designed to help deliver the nutrients where they are mostly needed.

Suggested Use: For a tune-up program take two capsules before each meal, 3 times daily for 10 days. For maintenance program take one capsule twice daily.

Warning: This product contains Black Walnut Hull, Cascara Sagrada, Bee Pollen. Keep out of reach of children. Consult a physician before starting this or any cleansing program.

Note: Pregnant or lactating women, diabetics, hypoglycemics, people with known medical conditions should consult a physician prior to taking supplements. These statements have not been evaluated by the food and drug administration.

This product is not intended to diagnose treat, cure or prevent any disease.

Xtreme Protein Ice Cream Drink - (Smells & tastes like vanilla ice cream)

Amount Per Serving % Daily Value

Calories: 16

Total Fat 1g 2%

Sodium 75 mg 3 %

Potassium 140mg 4%

Total Carbohydrates 2 g 1%

Dietary Fiber 2 g 8 %

Sugars 0 g

Vitamin A 12%

Calcium 20%

Phosphorus 6%
Vitamin D3 40%
Thiamin 10%
Folic Acid 8%
Biotin 8%
Magnesium 8%
Selenium 117%
Zinc 8%
Potassium 4%
Chromium 28%
Vitamin C 10%
Iron 10%
Vitamin E 8%
Riboflavin 12%
Vitamin B6 10%
Vitamin B12 8%
Vitamin B5 8%
Iodine 8%
Copper 8%

* percent daily value based on a 2000 calorie diet

** daily value not established

Directions: Mix one scoop with 8 oz of water or non-fat milk (for best results blend with ice and fresh fruit.)

Serving size: 1 scoop (14g)

Servings per container: 16

Other Ingredients: Albumen Soy Protein, Non-Dairy Creamer, Whey Protein, Natural Vanilla Favor, Chicory Extract, Bamboo Fiber Extract, Sugarcane Fiber Extract, Apple Fiber, Aloe Vera Gel, Oat Bran Fiber, Cellulose, Gurn Guar Gum, Acesulfame, Potassium, Sucralose, Collagen, Salt.

Warning: Consult a physician if taking medications or pregnant.

Nitro Boost

Serving Size: 2 teaspoons (1/3 oz.)

Servings per container: 24

Calories: 4 per serving

Amount Per Serving % Daily Value

Vitamin C 60 mg 100%

Vitamin B6 4 mg 200%

Vitamin B12 25 mcg 400%

Vitamin B3 (Niacin) 10 mg 50%

Chromium (Polynicotinate) 30 mg **

Proprietary Blend 750 mg

Aloe Vera Gel, Calcium, Pyruvate, Stevia, Garcinia Cambogia, Burdock Root Tea, Peppermint Tea, Licorice Root Tea

*Daily Value Based on a 2000 calorie per day diet.

** Daily Value not established

Directions: Mix 1/3 oz. (2 teaspoons) with 8 to 12 oz. cold water. Drink before each meal. May also be used between meals. Refrigerate after opening.

Other Ingredients: Purified Water, Natural Flavor Blend (Lemon, Orange & Papaya), Citric Acid, Xanthan Gum, Sodium Benzoate & Potassium Sorbate used as preservatives.

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